



On behalf of ourselves and the Kent Sports Trust, thank you very much for registering for Day 500 – Run 5k with Dame Kelly Holmes. As the day is getting very close we are sending you all the information you need.

**PLEASE BE SURE TO BRING YOUR ENTRY CONFIRMATION WITH YOU. EITHER PRINTED OR ON YOUR SMARTPHONE DEVICE. WE WILL BE SCANNING YOUR BOOKING CONFIRMATIONS ON ARRIVAL.**

Remember this is not a race and is a social run with Dame Kelly Holmes, Ben Smith (401 marathons in 401 days) and Ben Rogers - 365 Marathon Man, to celebrate Steve Wolfe and Lee Allen's 500<sup>th</sup> consecutive day of running without a break.

### **Meeting Point**

The meeting point is in the main car park which can be accessed via the main gate. You will need your entry confirmation to gain access to the grounds. You need to arrive by 10:00, as we will be leaving the meeting point at 10:30am.

### **Refreshments**

The team from the Kent Sports Trust will bring some cakes and water along. YOUR CHALLENGE is to bake a cake too – a good run is always celebrated with cake afterwards!

### **Toilets**

There are toilets available in the car park area. There are no toilets on the route itself.

### **Baggage Drop**

There will be a small gazebo next to the start, but we recommend you leave valuables in your car. Any bags and belongings are stored at your own risk.

### **Medal**

Everyone will receive a medal to mark the day provided by the Kent Sports Trust.

### **Photos**

There will be lots of opportunities to take photos, both at the start/finish and on the route, so bring your phones with you!!

**MOST IMPORTANTLY – have fun!!**

I think that covers everything you need to know, but if you do have any questions please let me know.

All that remains is to thank you again for choosing us and we look forward to seeing you at Leeds Castle on Monday.

Kind regards,

Barry Hopkins  
Sporting Events UK

Unit 5, Marshwood Close, Marshwood Business Centre, Canterbury, Kent, CT1 1DX  
Tel: +44 1227 788912  
Company Registration no. 9802305

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