



Thank you for entering the Trosley Park Challenge! We do appreciate your support and thanks for choosing us. Here is all the information you need for the day.

****THERE IS LIMITED PARKING AT THE VENUE, SO WE WOULD ENCOURAGE CAR SHARING IF AT ALL POSSIBLE** THANKS FOR YOUR CO-OPERATION.**

Both the 10k & the 5k start at 10:30AM.

Race HQ

The event is based at Trosley Country Park. The postcode is DA13 0SG – as the postcode area is a bit wider than normal in this rural area, please note the entrance to the park is off Waterlow Road. Please note that there is a charge for the car park, payable at the park. Race HQ will be open from 9:00am on Sunday 24th February. You will need to collect your number and timing chip from the building within the park. Inside the Race HQ you will find several desks for collections – please select the desk appropriate to your SURNAME for collection, NOT your first name or club/company name. Please make sure you allow enough time to collect these.

Timing Chips

PLEASE NOTE: The timing chip you are issued with must be returned to us at the end of your race, just after you finish. Unfortunately missing or lost chips will incur a £10 charge. Thank you for your assistance with this.

Refreshments

We will have some great refreshments including Capuccinos, Lattes and Hot Chocolates from Café2u and Caking Mad Bakery will be offering their awesome range of cakes.

Toilets & Changing Rooms

We do have access to toilets on site, but no changing facilities at this venue.

Parking

There is limited parking on-site at the park – we would strongly encourage car sharing where possible. We may not be able to accommodate all vehicles on site and therefore later arrivals may have to park nearby and walk to the park.

Baggage Drop

We will have a baggage drop. You **must bring your race number** with you to show when depositing your bags and belongings. Please note bags and belongings are stored at your own risk.

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Company Registration no. 9802305

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Prizes & Presentation

Every finisher will receive a unique medal specially commissioned for the race. There will be prizes and a presentation at approximately 11:45. There are prizes for 1st/2nd/3rd Male and Female in the 10k and 5k, 1st Vet 40, 50, and 60 Male and Female in the 10k and 1st team (3 to score) in the 10k. Please do stay for this and cheer on everyone's successes.

Results

We will be offering LIVE results at this event, so when you cross the line your result goes LIVE on our website! Just visit www.sportingeventsuk.com and follow the links. We will also be displaying results near the event HQ on the day. This can be accessed via www.sportingeventsuk.com, and a link also posted to our facebook page www.facebook.com/sportingeventsuk and twitter feed www.twitter.com/sportseventsuk. You can also keep up to date with our latest news via our facebook and twitter.

First Aid

First Aid will be provided by SE Medics, and we thank them for their involvement.

Headphones

In line with UK Athletics rules runners are not permitted to wear headphones during the 10k and 5k. This is for your own safety and well-being. The only exception to this is bone-conducting headphones which are allowed under UKA rules.

License/Certification

We can confirm that the race is licensed by runbritain. As such we operate the race using UK Athletics/runbritain rules.

I think that covers everything you need to know, but if you do have any questions please let me know.

All that remains is to thank you again for choosing us and we look forward to seeing you on Sunday.